Our mission is to promote fun, competition, and instruction in the fastest growing sport in North America, including a safe playing environment for all participants. Safety and Risk Management must be addressed for regularly scheduled games,

\* Certain weather conditions can pose risk – proper planning assures

that potential emergency situations are appropriately addressed. This document provides basic

guidelines for coaches in dealing with severe weather conditions.

Education, training, and effective communication are the most important means to achieving safety

for all participants

Some of the most common severe weather conditions are:

• Hot weather – risks of dehydration, heat exhaustion or heat stroke, sunburns

• Cold weather – hypothermia

• Tornado/Hurricane warnings and watches

• Thunder and Lightning Storms

Hot Weather

When temperatures and humidity rise above normal levels, the potential for risk rises. Be aware of

these dangers and be prepared to stop or delay games to ensure proper hydration. Allow for

frequent water stoppages in addition to substitution stoppages. Incidents of dehydration, heat

exhaustion, heats stroke and sunburn are avoidable.

Sunscreen of appropriate strength should be applied frequently.

if severe weather conditions cause the field to

become unsafe for participants.